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### Instructions to the Referring Physician's Office :

1. If your doctor's office has not scheduled your appointment, phone TPG at (210) 614-2209 as soon as possible to schedule an appointment.
2. When necessary, please obtain an authorization code from the patient's insurance company for the patient to be seen at TPG. TPG is not allowed to obtain authorization codes for patients.
3. Fax copies of prior ultrasounds and pertinent laboratory results to (210) 614-5714 before the patient's scheduled appointment.

### Instructions to the Patient

1. If your doctor's office has not scheduled your appointment, phone TPG at (210) 614-2209 as soon as possible to schedule an appointment.
2. Bring your insurance card and this paper work when you visit our office.
3. TPG will file your insurance for you, but any insurance deductibles, co-payment, or co-insurances are due at the time of your appointment. If you do not have health insurance or plan to file your own insurance claim, payment for TPG services is due at the time of service.
4. If you are to have fetal biophysical profile, eat a small meal or snack one hour prior to your appointment
5. One or two family members are welcome to come and watch the ultrasound exam. **PLEASE DO NOT BRING SMALL CHILDREN.** If you bring a **DVD+RW** we will be happy to record a small portion of the exam for you. Also remember, an ultrasound is a medical procedure and any entertainment value is secondary, **thus if the DVD+RW does not record correctly they can not be re-done.**

### General Information

The diagnostic ultrasound examination uses very high frequency but very low power sound waves. The sound is far above the level of hearing hence "ultra" sound. There is no x-ray or nuclear radiation involved. A gel will be used to transmit the sound between the transducer and your skin. The image you see is a two dimensional cross section, a slice, rather than a three dimensional view.

In the pregnancy, ultrasound can reveal a great deal about the baby and its anatomy. However, ultrasound cannot detect all problems or birth defects. We routinely make search for problems. Many defects can, on most occasions, be seen. We can often rule out a great number of problems, but due to the baby's position, early age or difficulty in obtaining views, serious defects can be missed. It must be remembered the ultrasound is an imperfect test and it cannot guarantee a perfect baby.

In the gynecological ultrasound, the uterus and the ovaries can be seen and measured, and pelvis masses usually seen. Ultrasound however, is only a tool to help make more educated decisions about a problem. It cannot provide us a definite diagnosis. Further testing may be required to make definitive diagnosis. Pelvic structure must be image by filling the bladder, thus pushing the intestine up out of the pelvis and thereby providing a clear "sonic window".

Please sign the following consent statement.

I have read the above information and consent to an ultrasound examination. I understand there are limitations of the exam in detecting problems, some of which are discussed above.

\_\_\_\_\_  
Patient / Guardian Name

\_\_\_\_\_  
Date

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**NEW BRAUNFELS, CREEKSIDE PROFESSIONAL PLAZA, 2115 STEPHEN'S PLACE, SUITE 600, NEW BRAUNFELS, TX 78130 • 830.312.4509 • FAX: 830.620.8468**  
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