

Melissa Aerts, MD
Javier Castillo, MD
Lissa Magloire, MD
Deirdre McCullough, MD
Theresa Stewart, MD



INSTRUCTIONS TO PATIENTS FOLLOWING AMNIOCENTESIS

POTENTIAL SYMPTOMS FOLLOWING AMNIOCENTESIS:

- Bruising: At times, you may see a black and blue mark over the area where the needle punctured the skin. This will resolve on its own.
- Soreness: You may feel mild soreness/tenderness where the needle was inserted. This is of no concern and will go away in 24 to 72 hours.
- Spotting: You may have some spotting. If you do, you will need to get off your feet and rest.

ACTIVITY FOLLOWING AMNIOCENTESIS:

- Avoid heavy housework, exercise and heavy lifting for 24 hours. You may continue with your normal daily routine.
- Avoid sexual activity for 24 hours.

IN GENERAL:

- Leaking of amniotic fluid is a rare (1%) complication. If you have a big gush of fluid, or continue to leak clear fluid, call our office at (210) 614-2209.
- If you experience a fever greater than 100.4 F; have continued cramping that increases with activity; or vaginal bleeding like a menstrual period, call our office at (210) 614-2209.
- If problems occur that you are not sure about, do not hesitate to call.

BILLING INFORMATION:

- Our office will bill your procedure charges to your insurance company.
- You may receive an additional bill from the laboratory that performs the test. If you had genetic counseling in our office, you may receive an additional bill from Integrated Genetics.

**SHOULD YOU HAVE ANY QUESTIONS REGARDING YOUR PROCEDURE, PLEASE CONTACT OUR
OFFICE AT (210) 614-2209. AS SOON AS YOUR RESULTS ARE
AVAILABLE, OUR OFFICE WILL CONTACT YOU WITH THE INFORMATION.**

TEXASPERINATAL-SA.COM

MEDICAL CENTER, LEGACY OAKS, 5414 FREDERICKSBURG ROAD, SUITE 200, SAN ANTONIO, TX 78229 • 210.614.2209 • FAX: 210.614.5714

WESTOVER HILLS, BAPTIST MEDICAL BUILDING, 3903 WISEMAN BOULEVARD, SUITE 121, SAN ANTONIO, TX 78251 • 210.521.1577 • FAX: 210.521.1598

NEW BRAUNFELS, CREEKSIDE PROFESSIONAL PLAZA, 2115 STEPHEN'S PLACE, SUITE 600 NEW BRAUNFELS, TX 78130 • 830.312.4509 • FAX: 830.620.8468

SOUTHWEST GENERAL, 7390 BARLITE BOULEVARD, SUITE 215, SAN ANTONIO, TX 78224 • 210.332.1450 • FAX: 210.332.1460

Texas Perinatal Group, an affiliate of Obstetrix Medical Group, Inc.