



We would like to take this opportunity to welcome you as a patient to Obstetrix Medical Group of Texas. As a practice specializing in the field of Maternal-Fetal Medicine (the care of women with an increased risk for complications during pregnancy and/or child birth), we are dedicated to providing the best possible care available for you and your baby. As a patient-focused practice, our specialists will evaluate your medical condition and provide you and your doctor with prompt, personal attention, coupled with the benefits of our advanced training and experience in the field of Maternal-Fetal Medicine. To access our services, your obstetrician must refer you. We do not provide primary care maternity services unless your obstetrician has specifically transferred your care to us. It is understood that all consultations and second opinions will be discussed with your obstetrician.

If you are scheduled to see a genetic counselor, your physician's appointment will follow your counseling session. We will try to see you as soon as time permits following your counseling appointment. Often times the counseling appointment will be 45 - 60 minutes in length. **In many maternal-fetal medicine offices emergencies do arise and abnormalities are detected when a patient is examined. This can alter the amount of time that the physician or counselor spends with you. We feel certain if you were the person that had a problem you would want the physician and/or counselor to spend more time with you. We ask that you be understanding of those ahead of you. We will do our best to see you on time.** We encourage you to bring reading material, sewing or something to help pass the time you spend with us.

If you are being referred to our practice because of an abnormal laboratory test, please ensure that your referring physician's office has sent us all your appropriate laboratory data prior to your appointment. This includes a copy of your blood type, CBC, triple screen, or sonogram reports, and a copy of your prenatal records. We will not be able to see you without this information.

We have enclosed several forms that you need to complete before you can be seen by one of our physicians or genetic counselors. **You will need to bring these completed forms, your insurance card and a picture ID with you on the day of the appointment.** If your Medicaid is pending, please bring verification from the Medicaid office that you have applied for Medicaid.

If you are a member of an insurance plan that requires a referral, you will need to bring your referral form with you at the time of your appointment. If you are unsure if a referral is required, please check with your insurance company prior to your appointment. Our physicians are considered "sub-specialists", not OB-Gyn physicians; therefore you should let your insurance company know this information as they may require a special referral to a sub-specialist. Most insurance companies will not permit you to "self-refer" to a sub-specialist.

You will be asked to pay your co-payment at the time of your appointment. If you have any questions about your insurance coverage, please contact your insurance representative or your referring physician. **You should check with your insurance company to verify that our physicians and/or the hospital are providers for your insurance plan.** Your insurance company should be able to estimate your out of network benefits if we are not providers, or if the hospital is not a provider and you are being seen in an outpatient hospital setting. **It is your responsibility to be sure that you are covered by your insurance plan wherever you are being seen and that your referral/authorization is in place if required.** We also have staff members available to help answer any insurance questions. Insurance verification is not a guarantee of payment by your insurance company.

If you have a deductible with your insurance company that has not been met, you will be asked to pay your charges at the time of service. Although you may have paid your obstetrician money towards your deductible, our charges will be filed first with your insurance company and therefore a portion of your deductible could be met through our office.

If you do not have any medical insurance coverage, you will be asked to pay your bill in full at the time of service. Our office accepts cash, check, money orders, MasterCard, VISA, Discover and American Express.

The Antenatal Assessment Center at Harris Methodist Fort Worth Hospital is billed as "outpatient hospital" and therefore your co-pay and deductible may be different than a routine doctor's visit. This facility will bill your insurance and/or you for services. This charge will be your responsibility. Be sure your insurance company allows you to be seen at this facility.

LABORATORY CHARGES WILL BE BILLED SEPARATELY BY THE LAB. It is your responsibility to ensure that the lab has all necessary information for billing. We will provide the lab with your initial insurance information and verify which laboratory your insurance company is contracted with for processing laboratory specimens. If your insurance changes, it is your responsibility to notify us immediately of any change so that our records reflect the correct insurance information for processing your bills and ensuring that your laboratory specimens are sent to the correct laboratory.

LOOK → Over Please

At Obstetrix Medical Group of Texas we all love children and have devoted our careers to building healthy families beginning in the early stages of pregnancy. We are committed to providing the finest medical care in a warm and supportive environment. Many of our patients are in the midst of a complicated pregnancy, including life-threatening situations. These women and their families have a justifiable high level of concern and anxiety. Our waiting area is designed for the patients we serve. It is not set up with resources for children. Your sonogram involves detailed high-level medical imaging. It requires concentration and meticulous attention to detail by both the sonographer and the doctor. In many cases, the ultrasound exam can require a lengthy amount of time. The ultrasound is shown in black and white images and frankly, for children, this is a boring experience that rarely maintains their attention. Therefore, we ask you to take these factors into account when considering bringing children with you to your appointment. If you chose to bring your child(ren) please be sure they have no childhood diseases (measles, mumps, parvo virus, TB, flu, common cold, stomach virus, etc.) Many childhood diseases can be extremely dangerous to pregnant women. You will also need to bring another adult with you to supervise your child(ren) during your exam. We do not have staff to provide babysitters for you. We do not permit taking pictures when in the ultrasound room or video taping. We would ask that you and your guest turn your cell phone off during counseling and when in the exam room, as these can be very disruptive.

On occasion, with today's busy modern telephone technology, our telephones may become disconnected from our answering service. We have policies in place to try to prevent this from happening. If you call our office after hours due to an emergency, and do not reach our answering service, please go to Texas Health Harris Methodist Fort Worth Hospital or call Labor and Delivery at the hospital to speak with one of our physicians.

We have several office locations which our physicians rotate through. To help with keeping schedules on time, please refer to your appointment reminder to be sure you are traveling to the correct office where your appointment is scheduled.

If you need to reschedule your appointment or you have any additional questions, please do not hesitate to contact our office. We will be happy to help you in any way possible. We look forward to seeing you and making this visit with us a pleasant one.

You will receive an automated call or text message reminding you of your appointment 2 days prior to the scheduled date. Please be sure to confirm or cancel your appointment.

Sincerely,

The Physicians and Staff at Obstetrix Medical Group of Texas

Bannie L. Tabor, MD, Corporate Medical Director

Aiyanna B. Anderson, MD

Amaryllis Arraut, MD

April Bleich, MD

Joseph Fitzwater, MD

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