

Neurology Specialists

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EEG INSTRUCTIONS

All Patients Must Go To Sleep For The EEG

8 am EEG

Put the patient to bed the night before at 11 pm. Wake them at 4 am. Do not let the patient go back to sleep once they are awake. Feed them breakfast by 4:30 am (nothing with sugar, caffeine, or citrus). After breakfast the patient may not eat or drink anything until after the test. Give the sedation at 7:30 am (30 minutes before the test). Make sure the hair is clean with no conditioner, gel, hairspray, etc.

9:30 am EEG

Put the patient to bed the night before at 12 am. Wake them at 5 am. Do not let the patient go back to sleep once they are awake. Feed them breakfast by 6 am (nothing with sugar, caffeine, or citrus). After breakfast the patient may not eat or drink anything until after the test. Give the sedation at 9 am (30 minutes before the test). Make sure the hair is clean with no conditioner, gel, hairspray, etc.

11 am EEG

Put the patient to bed the night before at their regular time. Wake them a couple of hours early, so they are awake several hours before the test. Do not let the patient go back to sleep once they are awake. Feed them breakfast by 7:30 am (nothing with sugar, caffeine, or citrus). After breakfast the patient may not eat or drink anything until after the test. Give the sedation at 10:30 am (30 minutes before the test). Make sure the hair is clean with no conditioner, gel, hairspray, etc.

1 pm EEG

Wake the patient up at 5 am. Do not let the patient go back to sleep once they are awake. Feed them breakfast by 9:30 am, if sedation is to be given (nothing with sugar, caffeine, or citrus). After breakfast the patient may not eat or drink anything until after the test. Give the sedation at 12:30 pm (30 minutes before the test). Make sure the hair is clean with no conditioner, gel, hairspray, etc.

2:30 pm EEG

Wake the patient up at 6 am. Do not let the patient go back to sleep once they are awake. Feed them breakfast by 11 am, if sedation is to be given (nothing with sugar, caffeine, or citrus). After breakfast the patient may not eat or drink anything until after the test. Give the sedation at 2 pm (30 minutes before the test). Make sure the hair is clean with no conditioner, gel, hairspray, etc.

If you have any questions, please call Karen at (702) 796-5505 ext. 108

PLEASE FILL SEDATION PRESCRIPTION THE SAME DAY YOU RECEIVE IT

DO NOT WATER DOWN THE SEDATION

THE SEDATION PRESCRIPTION IS ONLY FOR THE EEG, TO BE DONE IN OUR OFFICE

THE SEDATION PRESCRIPTION IS NOT TO BE USED FOR THE MRI